\*\*\*All Products are Corn & Soy Free. No Processed or Refined Sugars are used. Sugar Free Products will use Natural Monk Fruit Sweetener and/or Natural Bocha Sweet. All other products use local maple syrup, local honey, organic coconut sugar, organic maple sugar and on the rare occasion, organic raw cane sugar. All my products are Gluten Free EXCEPT for the granolas unless requested otherwise.

If you have further questions on the ingredients used in a specific product – please consult my facebook page or message me directly.

Each \* indicates which dietary category the specific product falls into. Usually you will only need to circle the first word to indicate the Keto or Paleo or Vegan product. Example: Chocolate Cake has 2 versions: \*Paleo (,ect) \*Vegan (,ect) – just circle the Paleo or Vegan.

|  |  |
| --- | --- |
| Place an X beside item and indicate any or all descriptions necessary. Add any food allergies for baking considerations. | |
| Indicate which market and which day for pick up. PLEASE give 24 hour notice for baking purposes. \*\*Tuesday pick up (order by 12 Noon Monday) Thursday pick up (order by 12 Noon Wednesday) Saturday pick ups (order by Thursday 8pm)\*\* If you elect to come inside to my booth – there will be other options available. | |
| Your Full Name |  | |
| Phone |  | |
| Email |  | |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Item | Description | Size | Qty | | Unit Price | Total Amount | River Valley or Goshen | Tues, Thurs, Sat |
| **Keto Classic Sandwich Bread** | **\*Keto, Low Carb, Grain & Gluten Free, Sugar Free**  Almond **OR** Coconut Flour | Whole OR Half Loaf | |  | $8.00  $4.50 |  |  |  |
| **Hearty Sandwich Bread** | **\*Keto, Paleo, Low Carb, Grain & Gluten Free, Sugar Free, Dairy Free** | Whole OR Half Loaf | |  | $8.00  $4.50 |  |  |  |
| **Keto Lemon Sweet Bread**- | **\*Keto, Low Carb, Grain & Gluten Free, Sugar Free** | Whole OR Half Loaf | |  | $8.00  $4.50 |  |  |  |
| **Amish Style Loaf Bread** | **\*Vegan, Gluten Free, Dairy Free, Egg Free** | Whole OR Half Loaf | |  | $8.00  $4.50 |  |  |  |
| **Keto Pre-baked Pizza Crusts (7”)** | **\*Keto, Low Carb, Grain & Gluten Free, Sugar Free**  Almond **OR** Coconut Flour |  | |  | $3.75 each |  |  |  |
| **Waffles – Chocolate OR Regular** | **\*Keto, Low Carb, Grain & Gluten Free, Sugar Free** \***Paleo, Grain & Gluten Free, Dairy Free**  **\*Vegan, Gluten Free, Dairy Free, Egg Free** |  | |  | $2.75 each |  |  |  |
| **Sandwich Buns** | **\*Keto, Paleo, Low Carb, Grain & Gluten Free, Sugar Free, Dairy Free** | Individual OR  4 Pack | |  | $1.75  $6.00 |  |  |  |
| **English Muffins** | **\*Keto, Low Carb, Grain & Gluten Free, Sugar Free**  **\*Paleo, Grain & Gluten Free, Dairy Free, Sugar Free** | Individual OR  4 Pack | |  | $2.00  $7.00 |  |  |  |
| **Bagels** | **\*Keto, Low Carb, Grain & Gluten Free, Sugar Free \*Paleo, Grain & Gluten Free, Dairy Free-almond flour,** | Individual OR 6 Pack | |  | $2.75  $15.75 |  |  |  |
| **Keto Cheddar Garlic Biscuits** | **\*Keto, Low Carb, Grain & Gluten Free, Sugar Free** | Individual OR 6 Pack OR  Dozen (12) | |  | $1.50  $8.00  $17.00 |  |  |  |
| **Keto Bacon Cheddar Biscuits**- | **\*Keto, Low Carb, Grain & Gluten Free, Sugar Free** | Individual OR  6 Pack OR  Dozen (12) | |  | $2.00  $11.00  $23.00 |  |  |  |
| **Keto Sausage Cheddar Biscuits** | **\*Keto, Low Carb, Grain & Gluten Free, Sugar Free** | Individual OR 6 Pack OR  Dozen (12) | |  | $2.00  $11.00  $23.00 |  |  |  |
| **Keto Berry Muffins** | **\*Keto, Low Carb, Grain & Gluten Free, Sugar Free** | Individual OR 6 Pack OR  Dozen (12) | |  | $1.50  $8.00  $17.00 |  |  |  |
| **Cinnamon Rolls**  **Cinnamon Rolls *Continued*** | **\*Keto, Low Carb, Grain & Gluten Free, Sugar Free**  **\*Paleo, Grain & Gluten Free, Dairy Free**  **\*Gluten Free, Dairy Free, Nut Free** | Individual OR  6 Pack OR  9 Pack  Individual OR  6 Pack OR  9 Pack  Individual OR  6 Pack OR  9 Pack | |  | $2.00  $11.00  $17.00  $2.25  $12.50  $19.25  $2.75  $15.50  $23.75 |  |  |  |
| **Chocolate Chip Cookies**  **6 Packs or Dozens may be all 1 variety or mixed varieties** | **\*Keto, Paleo, Low Carb, Grain & Gluten Free, Sugar Free, Dairy Free**  **\*Vegan, Gluten Free, Dairy Free, Egg Free** | Individual OR  6 Pack OR  Dozen | |  | $1.50  $8.75  $17.50 |  |  |  |
| **Oatmeal Chocolate Chip Cookies** | **\*Vegan, Gluten Free, Dairy Free, Egg Free, Nut Free** | Individual OR 6 Pack OR Dozen | |  | $1.50  $8.75  $17.50 |  |  |  |
| **Peanut Butter Cookies** | **\*Keto, Low Carb Grain & Gluten Free, Sugar Free** | Individual OR  6 Pack OR  Dozen | |  | $1.50  $8.75  $17.50 |  |  |  |
| **Pecan Shortbread Cookies** | **\*Keto, Low Carb, Grain & Gluten Free, Egg Free, Sugar Free**  **\*Vegan, Paleo, Grain & Gluten Free, Dairy Free, Egg Free** | Individual OR  6 Pack OR  Dozen | |  | $1.50  $8.75  $17.50 |  |  |  |
| **Snicker Doodles** | **\*Keto, Low Carb, Grain & Gluten Free, Sugar Free \*Vegan, Paleo, Grain & Gluten Free, Dairy Free, Egg Free** | Individual OR  6 Pack OR  Dozen | |  | $1.50  $8.75  $17.50 |  |  |  |
| **Ginger Molasses Cookies** | **\*Paleo, Grain & Gluten Free, Dairy Free** | Individual OR  6 Pack OR  Dozen | |  | $1.50  $8.75  $17.50 |  |  |  |
| **Chocolate Cookies w/Peanut Butter Chips** | **\*Keto Friendly, Low Carb, Grain & Gluten Free** | Individual OR  6 Pack OR  Dozen | |  | $1.50  $8.75  $17.50 |  |  |  |
| **Trail Mix Cookies** | **\*Vegan, Gluten Free, Dairy Free, Egg Free, Oil Free** | Individual OR  6 Pack OR  Dozen | |  | $1.50  $8.75  $17.50 |  |  |  |
| **Tres Leches Cake** | **\*Keto, Low Carb, Grain & Gluten Free, Sugar Free** | Individual OR  8” Cake | |  | $2.50  $20.00 |  |  |  |
| **Carrot Cake**  \*Any of these carrot cakes may be requested to be nut free or no raisins | **\*Keto, Low Carb, Grain & Gluten Free, Sugar Free**-has pecans  **\*Vegan, Gluten Free, Dairy Free, Egg Free, Oil Free**-has pecans and raisins  **\*Paleo, Grain & Gluten Free, Dairy Free**-has raisins | Individual OR  8” Cake | |  | $2.50  $20.00 |  |  |  |
| **Chocolate Zucchini Cake** | **\*Keto, Low Carb, Grain & Gluten Free, Sugar Free** | Individual OR  8” Cake | |  | $2.50  $20.00 |  |  |  |
| **Chocolate Cake** | **\*Paleo, Grain & Gluten Free, Dairy Free**  **\*Vegan, Gluten Free, Dairy Free, Egg Free** | Individual  OR  8” Cake | |  | $2.50  $20.00 |  |  |  |
| **Italian Cream Cake**  \*if you don’t like pecans or coconut – this is NOT the cake for you. 😉 | **\*Keto, Low Carb, Grain & Gluten Free, Sugar** Free-has pecans & coconut  **\*Gluten Free, Dairy Free**-has pecans & coconut  **\*Vegan, Dairy Free, Egg Free**-has pecans & coconut | Individual  OR  8” Cake | |  | $2.50  $20.00 |  |  |  |
| **Vanilla Cake** | **\*Keto, Low Carb, Grain & Gluten Free, Sugar Free**  **\*Vegan, Paleo, Grain & Gluten Free, Dairy Free, Egg Free** | Individual  OR  8” Cake | |  | $2.50  $20.00 |  |  |  |
| **Caramel Cake** | **\*Keto, Low Carb, Grain & Gluten Free, Sugar Free** | Individual  OR  8” Cake | |  | $2.50  $20.00 |  |  |  |
| **Strawberry Cake** | **\*Keto, Low Carb, Grain & Gluten Free, Sugar Free**  **\*Paleo, Grain & Gluten Free, Dairy Free, Sugar Free**  **\*Vegan, Gluten Free, Dairy Free, Egg Free** | Individual  OR  8” Cake | |  | $2.50  $20.00 |  |  |  |
| **Cheesecake** | **\*Keto, Low Carb, Grain & Dairy Free, Sugar Free**  **\*Gluten Free, Nut Free** | Individual OR  8” Cake | |  | $4.25  $35.00 |  |  |  |
| **Date Bars** | **\*Vegan, Gluten Free, Nut Free, Dairy Free, Egg Free** | Individual OR  8” Cake | |  | $2.50  $20.00 |  |  |  |
| **Oatmeal Fig Bars** | **\*Vegan, Gluten Free, Nut Free, Dairy Free, Egg Free** | Individual  OR  8” Cake | |  | $2.50  $20.00 |  |  |  |
| **Peach Crumb Bars** | **\*Gluten Free, Dairy Free**  **\*Paleo, Grain & Gluten Free, Dairy Free, Egg Free** | Individual  OR  8” Cake | |  | $2.50  $20.00 |  |  |  |
| **Blueberry Crumb Bars** | **\*Gluten Free, Dairy Free**  **\*Paleo, Grain & Gluten Free, Dairy Free, Egg Free** | Individual  OR  8” Cake | |  | $2.50  $20.00 |  |  |  |
| **Lemon Bars** | **\*Paleo, Grain & Gluten Free, Dairy Free, Nut Free**  **\*Keto, Grain & Gluten Free, Sugar Free** | Individual OR  8” Cake | |  | $2.50  $18.00 |  |  |  |
| **Apple Streusel Coffee Cake** | **\*Vegan, Gluten Free, Diary Free, Egg Free** | Individual OR  8” Cake | |  | $2.50  $20.00 |  |  |  |
| **Caramel Apple Coffee Cake** | **\*Paleo, Grain & Gluten Free, Dairy Free** |  | |  |  |  |  |  |
| **Raspberry Rose Coffee Cake** | **\*Gluten Free, Sugar Free** |  | |  |  |  |  |  |
| **Raspberry Cheese Coffee Cake** | **\*Keto, Grain & Gluten Free, Sugar Free** |  | |  |  |  |  |  |
| **Blueberry Coffee Cake** | **\*Paleo, Grain & Gluten Free, Dairy Free** |  | |  |  |  |  |  |
| **Blueberry Danish** | **\*Keto, Grain & Gluten Free, Sugar Free** |  | |  |  |  |  |  |
| **Cinnamon Streusel Coffee Cake** | **\*Vegan, Gluten Free, Dairy Free, Egg Free** |  | |  |  |  |  |  |
| **Pecan Crumble Coffee Cake** | **\*Paleo, Grain & Gluten Free, Dairy Free** |  | |  |  |  |  |  |
| **Low Carb Granola** | **\*Keto, Paleo, Grain & Gluten Free, Sugar Free** | 12 oz | |  | $8.75 |  |  |  |
| **Grain Free Granola** | **\*Paleo, Grain & Gluten Free, Dairy Free, Egg Free, Vegan** | 12 oz | |  | $7.50 |  |  |  |
| **Nut Free Granola**  **\*\*Gluten Free Oat Granolas may be requested** | **\*Nut Free, Dairy Free, Vegan, Egg Free** | 12 oz | |  | $4.50 |  |  |  |
| **Homey Goodness Granola (my standard)** | **\*Dairy Free, Egg Free** | 12 oz | |  | $4.50 |  |  |  |
| **Naturally Sweet Granola** | **\*Sugar Free, Dairy Free, Egg Free** | 12 oz | |  | $4.50 |  |  |  |
| **Apple Walnut Granola** | **\*Dairy Free, Egg Free** | 12 oz | |  | $4.50 |  |  |  |
| **Peanut Butter Chocolate Granola** | **\*Dairy Free, Egg Free** | 12 oz | |  | $4.75 |  |  |  |
| **Baked Oatmeal**  **-Plain**  **-Blueberry Almond**  **-Raspberry Pecan**  **-Apple Walnut**  **-Peach Whiskey**  **-Rum Raisin** | **\*Gluten Free, Dairy Free**  \*\*uses gluten free oats | Individual OR  8” Cake | |  | $3.50  $18.00 |  |  |  |
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**Credit/Debit Card + $1.25 surcharge**

**Venmo and CashApp – no charge**

**Cash – no charge**

**River Valley Farmer’s Market – Tuesday, Thursday 7am-2pm and Saturday 7am-3pm (year round)**

**Goshen Farmer’s Market – Tuesday 3-7pm (May-Oct) and Saturday 7.30am-1pm (year round)**